



greaterlove

# IDEAS FOR 5-8 YEAR OLDS

## FEAR NOT ... FOR I AM WITH YOU (Isaiah 41v10)

There is a lot of material to do with WW1 in this pack and interviews with military personnel and their families that you could use. You will need to gauge what is suitable to show to the children according to their age and stage.

There are also several web based resources which have been developed specifically for the centenary including this one: [military-research.co.uk/great-war](http://military-research.co.uk/great-war) and one from the BBC: [bbc.co.uk/ww1](http://bbc.co.uk/ww1)

## INTRO

Q. What is special about today? Who are we remembering?

Q. Do you think soldiers get scared? What are you afraid of? What do you do when you're scared?

## GAMES

Split the group into teams. Give each team a tub of play dough or pencils and paper. Invite one member of each team up and give them a fear to model/draw. The first team to guess correctly wins the point and another team member comes up and so on. You could use the fears listed below or find your own *age appropriate* fears from this list: [phobialist.com](http://phobialist.com)

- Fear of Buttons (Koumpounophobia)
- Fear of Feet (Podophobia)
- Fear of Worms (Scoleciophobia)
- Fear of Dogs (Cynophobia)
- Fear of Flying – Aeroplanes (Pteromerhanophobia)
- Fear of Rainbows (Iridophobia)
- Fear of Chickens (Alektorophobia)
- Fear of Clocks (Chronomentrophobia)
- Fear of Hair (Chaetophobia)
- Fear of Trees (Dendrophobia)

## FILM IDEA

Watch a clip from 'Monsters Inc.'\*



## FEEL THE FEAR!

Need: blindfold, wet wipes and unusual textured things to feel – like cold cooked spaghetti, cauliflower, peeled grapes, candy floss, small balloon full of warm water, cold hot dogs, a wig ...

Blindfold a volunteer – show the other children what you are going to give him/her to feel and get everyone to make a big thing of how yucky they are!

## GOOD & BAD FEARS

Some fears are good; they can stop us from doing stupid things that might hurt us like touching a hot oven or running across a busy road. Fear can sometimes act as a voice that helps us to keep safe.

Some fears are not so good – they can stop us doing things that we need to do. They make us feel sad and scared.

*Remember, with all the age groups, some children may have serious issues in their lives to deal with, so be sensitive and give the opportunity to talk issues through and pray with them.*

## BIBLE

### Daniel in the Lions' Den (Daniel 6)

Q. Do you think Daniel was frightened? Being frightened of lions is a healthy fear because they are dangerous, and these ones were very hungry!

Q. The King was so afraid that his friend Daniel would be hurt that he couldn't eat or sleep, but God protected Daniel. What did God do? (Daniel 6 v 22 - He sent an angel to shut the lions' mouths.)

**The Point:** It's OK to feel scared sometimes; but God loves us and doesn't want us to be afraid. When we feel afraid we can ask Him to help us.

Show [youtube.com/watch?v=I8tXENptCS0](https://www.youtube.com/watch?v=I8tXENptCS0)\* (Daniel and The Lions' Den - Friends and Heroes) or something similar, depending on what you think your group will be OK with.

*NB: Always watch clips all the way through first before showing. If reading the story, use a children's bible.*

## MEMORY VERSE

Isaiah 41:10 (Good News Translation)

*“Do not be afraid – I am with you!  
I am your God – let nothing terrify you!  
I will make you strong and help you;  
I will protect you and save you.”*



## CRAFT

Make a paper plate lion or lion mask (check out [firstpalette.com](http://firstpalette.com) for ideas).

You could write the memory verse on the back, or just the first line with their name included eg: "Do not be afraid Sam – I am with you!"

## CLOSE/PRAYER

Thank you God that you are with me all the time, and that you love me. You know what makes me feel scared ... help me not to be frightened of it anymore. Help me to be brave and strong. Protect me. In the powerful name of Jesus we pray. Amen.

## EXTRAS ... OR TO TAKE HOME

Print out a word search or crossword to do with the story of Daniel – you can find these online or make up your own.

\* check you have the relevant CCLI licence to show film clips in public